

Before Reading the Torah

Barchu et Adonai ham'vorach.

Praise Adonai, the Blessed One.

Baruch Adonai ham'vorach l'olam va-ed.

Praised be Adonai, who is blessed for ever and ever.

(Repeat this line after the congregation recites it.)

Baruch Atah Adonai, elo-heinu melech ha-olam, asher bachar banu mi-kol haamim v'natan lanu et Torah-to. Baruch Atah Adonai, noten ha-Torah.

Blessed are You, Adonai our God, Ruler of the universe, who has chosen us to represent all the nations, and given us the Torah. Blessed are You, Adonai, Provider of the Torah.

After Reading the Torah

Baruch Atah Adonai, elo-heinu melech ha-olam, asher natan lanu Torat emet, v'cha-yei olam nata b'to-cheinu. Baruch Atah Adonai, noten ha-Torah.

Blessed are You, Adonai our God, Ruler of the universe, who has given us the Torah of truth, and implanted within us eternal life. Blessed are You, Adonai, Provider of the Torah.